

**Tell us about yourself and how you volunteer.**

I live in Tasmania and...I volunteer for a company called Variety Tasmania.

They help support disadvantaged kids that can't find support for things like ACCs and iPads and activities. I've been volunteering there for three years.

**What do you enjoy about volunteering?**

I enjoy meeting a lot of different people of different ages. I enjoy interacting with all the kids and seeing their faces when they get something new.

**How has volunteering helped you? What have you learnt?**

It helped me build up my encouragement to support charities and build up my confidence in interactions with people near the same age as me or younger.

I've learnt how to not judge people by their disability, but to encourage them and help them find something they enjoy.

**What have you enjoyed about our training programs?**

I've been enjoying that you can work through it at your own pace and not have to get through as much work. You have two weeks to do an assignment at school, but you have a month to do five assignments.

**How did you get started with Variety Tasmania?**

It started by my dad being in TasBash, which is the car racing...and then he put me in contact with the events manager at Variety and they found events they thought I might be interested in. And I thought that was just a really good start.

**What advice would you give to someone thinking about volunteering?**

Start by volunteering at one event and if you like it, get in contact with the company and say, "Hey, is there are any other events come up that I can be included in?"